

Primary Menu

	Dish	Gluten Containing Ingredients	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Week 1															
Monday	Pasta Neapolitan	✓						✓			✓				
	Seaside Fish Fillet	✓			✓										
	Fresh Bread Wedge	✓		MAY			✓	✓							
	Creamed Potato							✓							
	Sweetcorn														
	Baked Beans														
	Marble Sponge & Custard	✓		✓			✓	✓		MAY	MAY				
	Sultana Cookie	✓						MAY							
Tuesday	Southern Style Chicken Breast	✓		✓			✓	✓		✓	MAY				
	Assorted Wraps (PLEASE CHECK WITH YOUR KITCHEN)														
	Sweet Chilli Quorn	✓		✓				MAY		✓					
	Noodles	✓		✓											
	Potato Wedges														
	Broccoli														
	Carrots														
	Iced Bun	✓		MAY			✓	MAY							
	Devonshire Split	✓		MAY			✓	✓							
	Chocolate Cookie	✓						MAY							
Wednesday	Roast Beef With Yorkshire Pudding & Gravy	✓		✓			✓	✓		✓	✓				
	Roasted Pepper Quiche	✓		✓			MAY	✓			✓				
	Quorn Fillet			✓											
	Creamed Potato							✓							
	Roast Potato														
	Carrots														
	Cabbage														
	Pea's														
	Bakewell Pudding and Custard	✓		✓			MAY	✓							

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	Oaty Cookie	✓						MAY							
Thursday	Big Breakfast	✓		✓			✓				✓		✓		
	Spanish Omelette			✓				✓			✓				
	Vegetarian Breakfast Wrap	✓											✓		
	Herby Diced Potato's														
	Fresh Bread Wedge	✓		MAY			✓	✓							
	Baked Beans														
	Mushrooms														
	Pancake With Fruit Coulis	✓		✓			MAY	✓							
	Fruit Muffin	✓		✓				MAY							
Friday	Fishcake	✓			✓										
	Fish Fingers	✓			✓										
	Assorted Pizza	✓						✓							
	Chips														
	Creamed Potato							✓							
	Sweetcorn														
	Pea's														
	Sticky Toffee Pudding & Chocolate Sauce	✓		✓			✓	✓		MAY	MAY				
	Fruit Jelly Sundae	✓					✓	✓							
Week 2															
Monday	Beef Bolognese	✓													
	Tortilla Stackers	✓						✓							
	Vegetarian Bolognese	✓		✓	MAY			MAY							
	Spaghetti	✓													
	Cajun Wedges										✓				
	Baked Beans														
	Pea's														
	Vanilla Iced Sponge & custard	✓		✓			✓	✓							
	Cherry & coconut Cookie	✓		✓									✓		

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Tuesday	Chicken Tikka Masala & Naan Bread	✓		MAY			✓	✓							
	Fish Fingers	✓			✓										
	Breaded Salmon fillet	✓			✓										
	Spanish Omelette			✓				✓			✓				
	Long Grain Rice														
	Chips														
	Sweetcorn														
	Green Beans														
	Lemon Fancy	✓		✓				MAY							
	Sultana Cookie	✓						MAY							
Wednesday	Roast Pork & Apple sauce														
	Roast Chicken & Gravy	✓		MAY			MAY	MAY		MAY	MAY				
	Cheese & Red Onion Quiche	✓		✓			MAY	✓			✓				
	Quorn Fillet			✓											
	Creamed Potato							✓							
	Roast Potato														
	Carrots														
	Broccoli														
	Leek & sweet Potato Bake							✓							
	Apple Crumble & Custard	✓					MAY	✓							
	Frozen Fruit Yoghurt							✓							
Thursday	Chicken & sweetcorn Pasta	✓						✓			✓				
	Seaside Fish Fillet	✓			✓										
	Cheesy pasta	✓					MAY	✓			✓				
	Potato Wedges														
	Fresh Bread Wedge	✓		MAY			✓	✓							
	Baked Beans														
	Pea's														
	Assorted Cupcakes	✓		✓				MAY							

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	Vanilla shortbread	✓						MAY							
Friday	Cottage Pie & Gravy	MAY		MAY				✓		MAY	MAY				
	Assorted Pizza	✓						✓							
	Herby Diced Potato's														
	Pasta Neapolitan	✓						✓			✓				
	Sweetcorn														
	Carrots														
	Chocolate & Pear sponge With Chocolate Sauce	✓		✓			✓	✓		MAY	MAY				
Week 3															
Monday	Pork Sausages	✓					✓				✓		✓		
	Cheese & Onion Bake							✓			✓				
	Herby Diced Potato's														
	Creamed Potato							✓							
	Baked beans														
	Green Beans														
	Marble Sponge & Custard	✓		✓			✓	✓		MAY	MAY				
	Flapjack	✓						MAY							
Tuesday	Sizzling chicken Wrap	✓													
	Fishcake	✓			✓										
	Breaded Salmon fillet	✓			✓										
	Roasted Vegetable Pasta Bake	✓					MAY	✓					✓		
	Potato Wedges														
	Garlic and Herb noodles	✓						✓							
	Sweetcorn														
	Pea's														
	Iced orange Fancy	✓		✓				MAY							
	Lemon Cookie	✓		✓				MAY							
Wednesday	Roast Beef With Yorkshire Pudding & Gravy	✓		✓			✓	✓		✓	✓				

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	Vegetarian Sausage & Yorkshire Pudding	✓		✓				✓					✓		
	Creamed Potato							✓							
	Roast Potato														
	Carrots														
	Cabbage														
	Peas														
	Berry Sponge & Custard	✓		✓			✓	✓		MAY	MAY				
	Coconut Finger	✓						MAY							
Thursday	Beef Fajitas	✓					MAY	✓			✓	MAY			
	Seaside Fish Fillet	✓			✓										
	Quorn Fajitas	✓		✓			✓	✓		MAY	MAY				
	Jacket Potato														
	Pasta	✓													
	Sweetcorn														
	Baked Beans														
	Cornflake Tart & Custard	✓					✓	✓							
	Fruit Jelly Sundae	MAY					MAY	MAY							
Friday	Bacon Carbonara	✓					✓	✓							
	Assorted Pizza	✓						✓							
	Chips														
	Fresh Bread Wedge	✓		MAY			✓	✓							
	Broccoli														
	Carrots														
	Carrot Cake	✓		✓				MAY							
	Chocolate & Orange Cookie	✓						MAY							
Week 4															
Monday	Meatballs in Tomato Sauce	✓						✓			✓				
	Fishcake	✓			✓										
	Quorn Balls In Tomato Sauce	✓		✓				MAY			✓				

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	Pasta	✓													
	Herby Diced Potato's														
	Carrots														
	Peas														
	Apple Whirl & Custard	✓					MAY	✓							
	Australian Crunch	✓					MAY	✓							
Tuesday	Lasagne	✓					MAY	✓			✓				
	Seaside Fish Fillet	✓			✓										
	Vegetable Lasagne	✓					MAY	✓			✓	MAY			
	Potato Wedges														
	Sweetcorn														
	Tomato bread	✓		✓			✓	✓							
	Baked Beans														
	Cornflake crunchie	✓		✓				MAY							
	Fruit Jelly Sundae	MAY					MAY	MAY							
Wednesday	Roast Chicken with Yorkshire Pudding & Gravy	✓		✓			MAY	✓		MAY	MAY				
	Roast Vegetable Frittata			✓				✓			✓				
	Creamed Potato							✓							
	Roast Potato														
	Broccoli														
	Carrots														
	Leak & Sweet Potato Bake			✓				✓			✓				
	Chocolate & Orange Sponge With Chocolate Sauce	✓		✓			✓	✓							
Thursday	Chicken Korma And Naan Bread	✓		MAY			✓	✓							
	Sausage Roll	✓					✓								
	Vegetarian Sausage	✓											✓		
	Vegetable Curry	✓					MAY	✓			✓	MAY			

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	Long Grain Rice														
	Creamed Potato							✓							
	Baked Beans														
	Green Beans														
	Rice Pudding						MAY	✓							
	Lemon Cupcake	✓		✓				MAY							
Friday	Steak Pie With Gravy	✓		MAY			MAY	MAY		MAY	MAY				
	Assorted pizza	✓						✓							
	Chips														
	Creamed Potato							✓							
	Peas														
	Sweetcorn														
	Syrup Sponge & Custard	✓		✓			✓	✓							
	Frozen Fruit Yoghurt							✓							